Box Holder News

2026

The Children's Society

SAVE TEENHOOD



Thank you

It's tough being a teen today. With unprecedented challenges and support systems failing, too many of Britain's teens are left in crisis.

But your support is turning that around.

Last year, we were able to help over 73,000 young people – over 15,000 more than the year before – and ran 87 services, 10 more than the year before. And earlier this year, the two-child benefit cap was lifted, raising around half a million children out of poverty. These amazing achievements are possible because of supporters like you. Thank you so much for your continued support as a box coordinator.

With your help, we're making sure every teen has a safe place to go and an expert to talk to whenever they need it. Want to know what your support means to young people, or how you can make even more of a difference? Read on.

Together, we can Save Teenhood.

Mark Russell OBE
Chief Executive

New house boxes

House boxes are changing from plastic to cardboard. This makes them more environmentally friendly and cost effective – so we can put more money towards funding services for teens. However, to reduce waste, please keep using your current boxes until they're ready to be replaced.

Spread the word

Let people know you're helping to Save Teenhood by sharing this newsletter. You could post it on a noticeboard or take it to a group you're part of. If you'd prefer to share it digitally, our Supporter Care team can email you a copy. Call us on **0300 303 7000** or email **supportercare@childrenssociety.org.uk**.

"Teenhood is like waking up every day to the world ending."

Young person

No young person should routinely feel like that. It's why we're raising the alarm to Save Teenhood.

It's a crucial stage of life, teenhood. It connects childhood to adulthood, shaping who we become through the experiences, opportunities and support we have along the way.

It can be a fantastic time — but for too many, it's also a perilous one. The pressures and threats young people are facing have evolved faster than the world around them has evolved to protect them.

Across the country, teens are being let down by failing systems. They're trapped in poverty, facing abuse on and offline, and missing trusted adults to turn to. That's not right. And it's why we're doing something about it.

Every teen should be able to access support as soon as they need it. So, we plan to open more drop-in services — to be there when young people need us, for as long as they need us — while continuing to fight for the rights and protections every young person deserves.

As a valued supporter of The Children's Society who has already done so much for young people, we're thrilled to have you alongside us as part of the movement to Save Teenhood. **Thank you.**



"I would say thank you to supporters, I think they're putting their money in a very good place."

Macie, young person

Find out more at **childrenssociety.org.uk/SaveTeenhood**

"After I found The Children's Society teenhood felt more f r e e."

Rachel, Young person



Teenhood is a truly formative time of discovering who you are through exploration – and a healthy dose of fun.

But some young people are forced to grow up before they should, experiencing things they should never have to. Together, we're making sure they don't face them alone.

Your house box collection could mean:

A care-experienced teen finally having someone they can count on.

A teen who struggles with their mental health finding support for their wellbeing.

A young carer getting to have their voice heard.

A safe space to turn to for a teen who has survived abuse.

Last year, your support helped us reach more than **73,000** young people. It can continue to help us change the lives of so many more.

SAVE TEENHOOD

You can change a whole future.



Often, all it takes is one person to save a teenhood.

That person could be one of The Children's Society support workers – funded by someone like you.

With a gift in your will, you could be the reason a teen overcomes devastating challenges and lives a safe and happy life.

Find out more at **childrenssociety.org.uk/gifts-in-wills**.

Or contact our gifts in wills expert, Jess Meale, on **0300 303 7000**, or at **giftsinwills@childrenssociety.org.uk**.

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